FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Anevski Peter							2. Issuer Name <b>and</b> Ticker or Trading Symbol Progyny, Inc. [ PGNY ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner  Officer (give title Other (specify					
(Last) (First) (Middle) C/O PROGYNY, INC. 1359 BROADWAY, 2ND FLOOR						3. Date of Earliest Transaction (Month/Day/Year) 10/13/2022								X Officer (give title Other (specify below)  CHIEF EXECUTIVE OFFICER						
(Street) NEW YORK NY 10018					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S		(Zip)																	
Table I - Non-Deriva  1. Title of Security (Instr. 3)  2. Transactic Date (Month/Day/					tion	on 2A. Deemed Execution Date,			3. Transa Code (	ction	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a				5. Amount of Securities Beneficially Owned Follo		Form: (D) or	m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount (A) or (D)		Price	Reported Transact (Instr. 3 a		ion(s)			nstr. 4)			
Common	Stock			10/13/2022					М		240	A	\$3.	95	250,685		D			
Common Stock				10/13/2022					<b>S</b> <sup>(1)</sup>		240	D	\$39.4	9.45 <sup>(2)</sup> 250,		,445	D			
Common Stock 10/13					2022				S <sup>(1)</sup>		60	D	\$39.4	39.45 <sup>(2)</sup> 191		,277		1 1 "	See cootnote <sup>(3)</sup>	
Common Stock 10/14/2				.022			M		2,160	A	\$3.	\$3.95 252		,605		D				
Common Stock 10/14/20				2022	022		<b>S</b> <sup>(1)</sup>		2,160	D	\$39.41(4)		250,445			D				
Common Stock 10/14/20					2022	)22			S <sup>(1)</sup>		540	D	\$39.41(4)		190,737				See cootnote <sup>(3)</sup>	
		7	able II						,		posed of converti	,		•	Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year		4. Transa Code (l 8)				6. Date Exerci Expiration Dat (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		E	B. Price of Derivative Security Instr. 5)	9. Numb derivativ Securitie Beneficie Owned Followin Reported Transact (Instr. 4)	re es ally g d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amou or Numb of Share	er						
Option (Right to Buy)	\$3.95	10/13/2022			M			240	(5)		05/23/2029	Common Stock	240		\$0	1,494,	273	D		
Option (Right to Buy)	\$3.95	10/14/2022			M			2,160	(5)		05/23/2029	Common Stock	2,16	50	\$0	1,492,	.113	D		

## **Explanation of Responses:**

- 1. Shares sold pursuant to a Rule 10b5-1 trading plan entered into on July 5, 2022.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.44 to \$39.48, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 3. The reportable securities are held directly by the PECO ANEVSKI 2020 SD LLC.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.40 to \$39.495, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 5. One-fourth (1/4th) of the shares subject to the Option vested on May 23, 2020, and one thirty-sixth (1/36th) of the remaining shares subject to the Option vested or shall vest each month thereafter, subject to the Reporting Person continuing to provide service through each such date.

## Remarks:

/s/ Mark Livingston, Attorney-10/17/2022 in-Fact

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.