

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person* <u>Anevski Peter</u> (Last) (First) (Middle) C/O PROGYNY, INC. 1359 BROADWAY, 2ND FLOOR (Street) NEW YORK NY 10018 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>Progyny, Inc. [PGNY]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) CHIEF EXECUTIVE OFFICER
	3. Date of Earliest Transaction (Month/Day/Year) 02/28/2023	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	02/28/2023		M		32,000	A	\$3.95	255,900	D	
Common Stock	02/28/2023		S ⁽¹⁾		4,480	D	\$35.39 ⁽²⁾	251,420	D	
Common Stock	02/28/2023		S ⁽¹⁾		12,639	D	\$36.82 ⁽³⁾	238,781	D	
Common Stock	02/28/2023		S ⁽¹⁾		14,880	D	\$37.29 ⁽⁴⁾	223,901	D	
Common Stock	02/28/2023		S ⁽¹⁾		1,120	D	\$35.39 ⁽²⁾	130,718	I	See footnote
Common Stock	02/28/2023		S ⁽¹⁾		3,160	D	\$36.82 ⁽³⁾	127,558	I	See footnote
Common Stock	02/28/2023		S ⁽¹⁾		3,720	D	\$37.29 ⁽⁴⁾	123,838	I	See footnote
Common Stock	03/01/2023		M		32,000	A	\$3.95	255,901	D	
Common Stock	03/01/2023		S ⁽¹⁾		10,640	D	\$36.86 ⁽⁵⁾	245,261	D	
Common Stock	03/01/2023		S ⁽¹⁾		20,000	D	\$37.95 ⁽⁶⁾	225,261	D	
Common Stock	03/01/2023		S ⁽¹⁾		1,360	D	\$38.46 ⁽⁷⁾	223,901	D	
Common Stock	03/01/2023		S ⁽¹⁾		2,660	D	\$36.86 ⁽⁵⁾	121,178	I	See footnote
Common Stock	03/01/2023		S ⁽¹⁾		5,000	D	\$37.95 ⁽⁶⁾	116,178	I	See footnote
Common Stock	03/01/2023		S ⁽¹⁾		340	D	\$38.46 ⁽⁷⁾	115,838	I	See footnote

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (Right to Buy)	\$3.95	02/28/2023		M		32,000	(8)	05/23/2029	Common Stock	32,000	\$0	1,224,515	D	
Stock Option (Right to Buy)	\$3.95	03/01/2023		M		32,000	(8)	05/23/2029	Common Stock	32,000	\$0	1,192,515	D	

Explanation of Responses:

- Shares sold pursuant to a Rule 10b5-1 trading plan entered into on July 5, 2022.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$35.00 to \$35.82, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set

