FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 |
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|-------------|------|-------|

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| l | OMB APPROVAL | | | | | | | | | |
|--------------------------|-----------------------|-----------|--|--|--|--|--|--|--|--|
| l | OMB Number: | 3235-0287 | | | | | | | | |
| Estimated average burden | | | | | | | | | | |
| ı | hours per recognoses: | 0.5 | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Payson Norman | | | | | 2. Issuer Name and Ticker or Trading Symbol Progyny, Inc. [PGNY] | | | | | | | | | Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | | | |
|--|---|--|------------------------------------|---------------------------------|---|---|-------------------------|---------|---|---------|--------------------|--|-----------------------------|---|---|--|--|----------|---------------------------------------|--|
| | (F OGYNY, IN OADWAY, | | (Middle) |) | 1 | 3. Date of Earliest Transaction (Month/Day/Year) 12/01/2021 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | Officer (give title Other (specify below) below) 6. Individual or Joint/Group Filing (Check Applicable | | | | | |
| (Street) NEW YORK NY 10018 | | | | _ " _ | 4. II Americinent, Date of Original Filed (Month/Day/Year) | | | | | | | | | Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | |
| (City) | (S | | | | | | | | | | | | | | | | | | | |
| Table I - Non-Deriv. 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye | | | tion | 2A. Deemed Execution Date, | | l Pate, | 3. 4. Securities A | | Of, Or Beneficially Acquired (A) or (D) (Instr. 3, 4 and 5) | | | 5. Amount of Securities Beneficially Owned Following | | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership | | | | |
| | | | | | | | | | Code | v . | Amount | (A) or (D) | Price | Reported Transaction(s) (Instr. 3 and 4) | | | (1 | nstr. 4) | | |
| Common | Stock | | | 12/01/2 | 2021 | | | | M | | 225,000 | A | \$1.4 | 5(1) | 233,6 | 552 | Г | | | |
| Common | Stock | | | 12/01/2 | 2021 | | | | S ⁽²⁾ | | 2,097 | D | \$48.24 | 1 (3)(4) | 570,2 | 229 | I | | See ootnote ⁽⁵⁾ | |
| Common | Stock | | | 12/01/2 | 2021 | | | | S ⁽²⁾ | | 2,233 | D | \$49.42 | 2(4)(6) | 567,9 | 996 | I | | See ootnote ⁽⁵⁾ | |
| Common | Stock | | | 12/01/2 | 2021 | | | | S ⁽²⁾ | | 1,200 | D | \$50.68 | 3 (4)(7) | 566,7 | 796 | I | | See ootnote ⁽⁵⁾ | |
| Common | Stockq | | | 12/01/2 | 2021 | | | | S ⁽²⁾ | | 1,402 | D | \$51.54 | 1 ⁽⁴⁾⁽⁸⁾ | 565,3 | 394 | Ι | | See ootnote ⁽⁵⁾ | |
| Common | Stock | | | 12/01/2 | 2021 | | | | S ⁽²⁾ | | 1,398 | D | \$52.24 | 1 ⁽⁴⁾⁽⁹⁾ | 563,9 | 996 | I | | See ootnote ⁽⁵⁾ | |
| Common | Stock | | | 12/02/2 | 2021 | | | | S ⁽²⁾ | | 5,046 | D | \$48.47 | (4)(10) | 558,9 | 950 | I | | See ootnote ⁽⁵⁾ | |
| Common | Stock | | | 12/02/2 | 2021 | | | | S ⁽²⁾ | | 2,984 | D | \$49.19 | (4)(11) | 555,9 | 966 | | | See ootnote ⁽⁵⁾ | |
| Common | Common Stock | | | 12/02/2 | 2021 | | | | S ⁽²⁾ | | 300 | D | \$50.26 | 50.26 ⁽⁴⁾⁽¹²⁾ 555 | | 555,666 | | | See ootnote ⁽⁵⁾ | |
| Common Stock | | | | | | | | | | | | | 122,493 | | I | | See ootnote ⁽¹³⁾ | | | |
| | | | Table | | | | | | | | sposed of | | | | Owned | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | e Executi onth/Day/Year) if any | emed ion Date, /Day/Year) | 4. Transa Code (8) | | 5. Number of Derivative | | of 6. Date Ex Expiration (Month/Da | | | 7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4) | | | 8. Price of Derivative Security (Instr. 5) | 9. Numb derivativ Securitie Benefici Owned Followin Reporter Transact | ive Owners ies Form: cially Direct (or Indiring (I) (Inst | | Beneficial Ownership (Instr. 4) | |
| | | | | | Code | v | (A) | (D) | Date Exer | cisable | Expiration Date | Title | Amor or Numl of Sh | ber | | (Instr. 4) | | | | |
| Stock Option (right to buy) | \$1.45 ⁽¹⁾ | 12/01/2021 | | | M | | | 225,000 | (| (14) | 12/07/2026 | Comm Stock | | ,000 | \$0 | 36,2 | 23 | D | | |
| .xplanatio | n of Respons | ses: | | | | | | | | | | | | | | | | | | |

- 1. Adjusted due to rounding error.
- 2. Shares sold pursuant to a Rule 10b5-1 trading plan entered into on June 21, 2021.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$47.91 to \$47.58, inclusive.
- 4. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes (3), (6), (7), (8), (9), (10), (11) and (12).
- 5. The reportable securities are directly held by Norman C. Payson and Melinda B. Payson, Trustees of The Norman C. and Melinda B. Payson Revocable Trust.
- 6. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$48.99 to \$49.86, inclusive.
- $7. \ The price reported in Column \ 4 \ is \ a weighted average price. These shares were sold in multiple transactions at prices ranging from \$50.15 \ to \$51.12, inclusive.$
- 8. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$51.17 to \$52.155, inclusive.
- 9. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$52.165 to \$52.4, inclusive.
- 10. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$47.89 to 48.87, inclusive.
- 11. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$48.9 to \$49.885, inclusive.
- 12. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$50.2 to \$50.33, inclusive.

13. The reportable securities are directly held by EVO Eagle, LLC. The Reporting Person shares voting and dispositive power over the securities.

14. One forty-eighth (1/48th) of the shares subject to the Option vested or shall vest each month commencing January 2, 2017, subject to the Reporting Person continuing to provide service through each such date.

/s/ Jennifer Bealer, Attorney-in-12/03/2021

Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.