SEC For				N OTA	TEG			ITIC	C A MI		УСЦА								
FORM 4 UN				UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549													OMB APPROVAL		
Section 16. Form 4 or Form 5 obligations may continue. See					ANT OF CHANGES IN BENEFICIAL OWNERS and pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940									SHIP	Estimated average burden			0.5	
1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol <u>Progyny, Inc.</u> [ PGNY ]								heck all appli X Direct	cable) or	10% 0		ner	
(Last) (First) (Middle) C/O PROGYNY, INC.					_	3. Date of Earliest Transaction (Month/Day/Year) 10/24/2022								Office below	r (give title )		Other (s below)	pecify	
1359 BROADWAY, 2ND FLOOR (Street) NEW YORK NY 10018 (City) (State) (Zip)					- 4.1	Line								ne) X Form Form					
		Tak	ole I - Nor	n-Deriv	vativ	e Se	curities	s Ac	quired,	Dis	posed o	of, or Be	neficia	Ily Owned	3				
1. Title of Security (Instr. 3) Date (Month/D						Execution Date,			Transaction Dispose Code (Instr. 5)			ities Acquired (A) or d Of (D) (Instr. 3, 4 an		d Securiti Benefic Owned Reporte	5. Amount of Securities Beneficially Owned Following Reported		r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock 10/24					4/202	/2022			Code	v	Amount 3,480	(A) o (D)	r Price	Transac (Instr. 3			D		
Common	SIOCK		Table II -	Deriva	ative	Sec			uired, D		osed of,		eficiall		,152		D		
Derivative Conversion Da		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Number of		6. Date Ex Expiratior (Month/Da	ercis	able and 7. Title of Security r) Underl		d Amoun ties g Security	t 8. Price of Derivative Security (Instr. 5)	9. Numbe derivativ Securitie Beneficia Owned Following Reported Transact (Instr. 4)	e Is Ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)		Date Exercisab		Expiration Date	Title	Amount or Number of Shares						
Stock Option (Right to Buy)	\$38.22	10/24/2022			Α		15,660		(2)	1	0/23/2032	Common Stock	15,660	<b>)</b> \$0	15,66	50	D		
Stock Option (Right to Buy)	\$38.22	10/24/2022			A		1,460		(2)	1	0/23/2032	Common Stock	1,460	\$0 <sup>(3)</sup>	1,46	0	D		

## Explanation of Responses:

1. Represents the number of shares of Issuer common stock underlying restricted stock units ("RSUs"). Each RSU represents a contingent right to receive one share of Issuer common stock. The RSUs shall vest on May 23, 2023, subject to the Reporting Person continuing to provide service through such date.

2. The shares subject to the Option shall vest on May 23, 2023, subject to the Reporting Person continuing to provide service through such date.

3. This option was issued to the Reporting Person in lieu of annual retainers for board and committee service. The shares underlying the option reflect the payment in full of the Reporting Person's annual retainers of \$29,038.20.

Remarks:

## /s/ Mark Livingston, Attorneyin-Fact

10/26/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.