## SEC Form 4

## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> Livingston Mark S.			2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Progyny, Inc.</u> [ PGNY ]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) C/O PROGYI	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/11/2024	X	Officer (give title below) CHIEF FINANCIA	Other (specify below) AL OFFICER				
1359 BROADWAY, 2ND FL			4. If Amendment, Date of Original Filed (Month/Day/Year)	Line)	,					
(Street) NEW YORK	NY	10018		X	Form filed by One Re Form filed by More th Person					
(City)	(State)	(Zip)	Rule 10b5-1(c) Transaction Indication     Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							
		Table L - Non-De								

## 1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 3. Transaction Code (Instr. 4. Securities Acquired (A) or 5. Amount of 6. Ownership 7. Nature Securities Beneficially Form: Direct (D) or Indirect of Indirect Beneficial Date Execution Date, Disposed Of (D) (Instr. 3, 4 and (Month/Day/Year) if any 5) 8) (Month/Dav/Year) **Owned Following** (I) (Instr. 4) Ownership Reported Transaction(s) (Instr. 4) (A) or (D) v Price Code Amount (Instr. 3 and 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

F

112(1)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)				Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Shares withheld for payment of withholding taxes upon the vesting of restricted stock units granted to the Reporting Person.

03/11/2024

Remarks:

Common Stock

## /s/ Mark S. Livingston 03/12/2024

\*\* Signature of Reporting Person Date

\$35.49

D

37,248

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).