FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

<b>STATEMENT</b>	OF CHANG	SES IN BEI	NEFICIAL (	<b>OWNERSHIP</b>

OMB APPR	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Sturmer Michael E			2. Issuer Name and Ticker or Trading Symbol Progyny, Inc. [ PGNY ]								ck all app Direc	tor		10% Ov	vner				
(Last)	(Fir	,	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 02/06/2024						<b>)</b>	Officer (give title below)  Other (specification)  PRESIDENT				specify			
1359 BROADWAY, 2ND FL				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing Line)								·						
(Street)	ORK NY	<i>7</i> 1	0018									)	X Form filed by One Reporting Person  Form filed by More than One Reporting Person						
(City)	(St	ate) (Ž	Zip)		Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to														
	Satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)				2A. Deemed Execution Date,		d Date,	3. Transaction Code (Instr. 5)			(A) or	5. Amo Securit Benefic Owned	unt of ties cially Following	Form: (D) or	Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount	(A) (D)	or	Price	Report Transa (Instr. 3	orted saction(s) r. 3 and 4)			(Instr. 4)	
Common Stock		02/06/	/2024			S <sup>(1)</sup>		2,260	I	D	\$40	15	8,532		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	/e   Conversion   Date   Execution Date, or Exercise   (Month/Day/Year)   if any			ransaction of ode (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		S (I	. Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y C	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				
					Code V		(A)	(D)			Expiration Date	Title	Amo or Num of Shar	ber					

## **Explanation of Responses:**

1. Shares sold pursuant to a Rule 10b5-1 trading plan entered into on August 31, 2023.

## Remarks:

/s/ Mark Livingston, Attorney- 02/08/2024 in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.