FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 |
|-------------|------|-------|
|-------------|------|-------|

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden 0.5 hours per response:

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| California Cal | Name and Address of Reporting Person* Anevski Peter | | | | | 2. Is | 2. Issuer Name and Ticker or Trading Symbol Progyny, Inc. [PGNY] | | | | | | | | | cable) or | ting Person(s) to Issuer | | | |
|--|---|---|--------------|--------------------|----------|---|--|-----------------------------------|--|-------------------------------|---------|--------------------------|--|---------------------------|---------------------------------------|--|---|--|----------------------------------|--|
| College NEW YORK NY 10018 | C/O PRO | OGYNY, IN | NC. | | | | | | liest Tran | saction (I | Mont | h/Day/Year) | | below) | pelow) below | | |) | | |
| Common Stock | | | | | | 4. If | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | Line) | | | | | |
| Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | ORK N | Y | 10018 | | | | | | | | | | | Form filed by More than One Reporting | | | | | |
| Table - Non-Derivative Security (Instr. 3) Common Stock | (City) | (5 | State) | (Zip) | | | | | | | | | | | | | | | adad ta | |
| 1. Title of Security (Instr. 2) | | | - | | 5 | | | | | | | | | | | | теп ріап | unat is inter | lued to | |
| Code War Amount Code War Amount Code War | 1. Title of Security (Instr. 3) 2. Transa Date | | | 2. Transac Date | tion | 2A. Deemed Execution Date, if any | | 3. Transaction Code (Instr. | | 4. Securities Acquired (A) of | | i (A) or | r 5. Amount of Securities Beneficially | | Form: Direct (D) or Indirect | | Beneficial | | | |
| Common Stock | | | | | | | | | | Code | v | Amount | (A) or (D) | Price | Transaction(s) | | | | (Instr. 4) | |
| Common Stock | Common | Stock | | | 06/05/2 | 2023 | | | | M | | 16,000 | Α | \$3.95 | 3.95 231,924 | | 4 D | | | |
| Common Stock | Common | Stock | | | 06/05/2 | 2023 |)23 | | | S ⁽¹⁾ | | 3,629 | D | \$39.19 ⁽² | 228,295 | | D | | | |
| Common Stock | Common | Stock | | | 06/05/2 | 2023 | | | | S ⁽¹⁾ | | 12,075 | D | \$40.23 [©] | 3) 216 | ,220 | | D | | |
| Common Stock | Common | Common Stock | | 06/05/2023 | | !3 | | S ⁽¹⁾ | | 296 | D | \$40.74 | ⁴⁾ 215 | ,924 D | | D | | | | |
| Common Stock | Common Stock | | 06/05/2023 | | 23 | | S ⁽¹⁾ | | 907 | D | \$39.19 |).19 ⁽²⁾ 27,6 | | I | | See footnote ⁽⁵⁾ | | | | |
| Common Stock | Common Stock | | 06/05/2 | 3 | | S ⁽¹⁾ | | 3,019 | D | \$40.23 [©] | 24, | ,671 | | I | See footnote ⁽⁵⁾ | | | | | |
| Common Stock 06/06/2023 S(I) 7,514 D \$40.65(6) 224,410 D | Common | mon Stock | | 06/05/2023 | | 3 | | S ⁽¹⁾ | | 74 | D | \$40.74 ⁽⁻ | 40.74 ⁽⁴⁾ 24,59 | | I | | See footnote ⁽⁵⁾ | | | |
| Common Stock | Common | Stock | | | 06/06/2 | 2023 | | | | M | | 16,000 | A | \$3.95 | 231 | ,924 | | D | | |
| Common Stock 06/06/2023 S(I) 1,879 D \$40.65(6) 22,718 I See footnote | Common | Stock | | | 06/06/2 | 2023 | | | | S ⁽¹⁾ | | 7,514 | D | \$40.65(|) 224,410 D | | D | | | |
| Common Stock Ob/Ob/2023 Stock Stock Stock Stock Ob/Ob/2023 Stock Stock Ob/Ob/Ob/Ob/Ob/Ob/Ob/Ob/Ob/Ob/Ob/Ob/Ob/O | Common | Stock | | | 06/06/2 | 2023 | | | | S ⁽¹⁾ | | 8,486 | D | \$41.32 | 215 | ,924 | | D | | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Security (Instr. 3) Price of Derivative Security (Instr. 3) Ownership Form: Disposed of (Month/Day/Year) Ownership Form: Disposed | Common | Stock | | | 06/06/2 | 2023 | | | | S ⁽¹⁾ | | 1,879 | D | \$40.65(| 22,718 | | I | See footnote ⁽⁵⁾ | | |
| 1. Title of Derivative Security (Instr. 3) Price of Derivative Security Sec | Common | Stock | | | 06/06/2 | 2023 | | | | S ⁽¹⁾ | | 2,121 | D | \$41.32 | .32 ⁽⁷⁾ 20,597 I | | | See footnote ⁽⁵⁾ | | |
| 1. Title of Derivative Security (Instr. 3) 2. Conversion Date Operivative Security (Instr. 3) 2. Conversion Operivative Security (Instr. 3) 3. Transaction Date Execution Date of Derivative Security (Instr. 3) 4. Stock Option (Right to Bury) 1. Title of Derivative Security (Instr. 3) 3. Transaction Date Execution Date (Execution Date if any (Month/Day/Year)) 4. Stock Option (Right to Bury) 3. Transaction Date Execution Date (Execution Date if any (Month/Day/Year)) 4. Stock Option (Right to Bury) 5. Number of Option (Right to Bury) 5. Number of Option (Right to Bury) 5. Number of Option (Anount of Securities (Month/Day/Year)) 5. Number of Option (Executities Acquired (A) or Date Exercisable and Expiration Date (Month/Day/Year) 6. Date Exercisable and Expiration Date (Month/Day/Year) 6. Date Exercisable and Expiration Date (Month/Day/Year) 8. Price of Derivative Security (Instr. 3) 9. Number of derivative Security (Instr. 4) 9. Number of Option (Executities Acquired (A) or Number of Option (Instr. 4) 10. Ownership Expiration Date (Month/Day/Year) 11. National Expiration Date (Month/Day/Year) 12. National Expiration Date (Month/Day/Year) 13. Title and Amount of Securities (Month/Day/Year) 14. National Expiration Date (Month/Day/Year) 15. Number of Securities (Month/Day/Year) 16. Date Exercisable and Expiration Date (Month/Day/Year) 17. Title and Amount of Securities (Month/Day/Year) 18. Price of Derivative Security (Instr. 4) 19. Number of Amount of Securities (Month/Day/Year) 10. Ownership Expiration Date (Month/Day/Year) 10. Ownership Expiration Date (Month/Day/Year) 11. National Expiration Date (Month/Day/Year) 12. National Expiration Date (Month/Day/Year) 13. National Expiration Date (Month/Day/Year) 14. National Expiration Date (Month/Day/Year) 15. Number of Securities (Month/Day/Year) 16. Date Exercisable and Expiration Date (Month/Day/Year) 17. Title and Amount of Securities | | | Т | able II | | | | | | | | | | | Owned | | | | | |
| Code V (A) (D) Date Expiration Date Expiration Title Stock Option (Right to Buy) S3.95 06/05/2023 M V V (A) (D) Date Exercisable Expiration Date Title Stock Common Stock D Stock | Derivative Security | Conversion or Exercise Price of Derivative | Date | Executi if any | on Date, | Transac Code (I | ransaction ode (Instr. | | 5. Number of of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 | | on Da | ate | Amount of Securities Underlying Derivative | of S Ig Security | Derivative Security | derivativ Securition Benefici Owned Followin Reporte Transac | ve es ially ng d tion(s) | Ownershi Form: Direct (D) or Indirec (I) (Instr. 4 | Beneficial Ownershi t (Instr. 4) | |
| Option (Right to Buy) \$3.95 06/05/2023 M 16,000 (8) 05/23/2029 Common Stock 16,000 \$0 827,556 D | | | | | | Code | v | (A) | (D) | | able | | Title | or Number of | | | | | | |
| Curl. | Option (Right to | \$3.95 | 06/05/2023 | | | M | | | 16,000 | (8) | | 05/23/2029 | | 16,000 | \$0 827, | | ,556 D | | | |
| Stock Option (Right to Buy) M 16,000 (8) 05/23/2029 Common Stock 16,000 \$0 811,556 D | (Right to | \$3.95 | 06/06/2023 | | | М | | | | 16,000 | \$0 | 811,556 | | D | | | | | | |

Explanation of Responses:

- 1. Shares sold pursuant to a Rule 10b5-1 trading plan entered into on July 6, 2022.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$38.64 to \$39.51, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the Staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the

range set forth in this footnote.

- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.68 to \$40.67, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the Staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$40.71 to \$40.76, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the Staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 5. The reportable securities are held directly by the PECO ANEVSKI 2020 SD LLC.
- 6. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$40.10 to \$41.09, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the Staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 7. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$41.11 to \$41.53, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the Staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 8. These shares are fully vested and exercisable.

Remarks:

/s/ Mark Livingston, Attorneyin-Fact 06/07/2023

** Signature of Reporting Person Date

) ato

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.