| SEC Form 4 |  |
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

I

| OMB Number:         | 3235-0287 |
|---------------------|-----------|
| Estimated average b | urden     |
| hours per response: | 0.5       |

| STATEMENT OF | <b>CHANGES IN</b> | <b>I BENEFICIAL</b> | OWNERSHIP |
|--------------|-------------------|---------------------|-----------|
|--------------|-------------------|---------------------|-----------|

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

|                          |                  |       | 2. Issuer Name <b>and</b> Ticker or Trading Symbol Progyny, Inc. [PGNY]   | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable) |                                   |                       |  |  |  |
|--------------------------|------------------|-------|---|--|-----------------------------------|-----------------------|--|--|--|
| <u>Schlanger David 5</u> |                  |       |   | X  | Director                          | 10% Owner             |  |  |  |
| (Last)                   | (First) (Middle) |       | 3. Date of Earliest Transaction (Month/Day/Year)<br>10/02/2023  | X  | Officer (give title below)        | Other (specify below) |  |  |  |
| C/O PROGYNY              | Y, INC.          |       | 10/02/2023  |  | Executive Chai                    | rman                  |  |  |  |
| 1359 BROADWAY, 2ND FL    |                  |       | 4. If Amendment, Date of Original Filed (Month/Day/Year)  | 6. Individual or Joint/Group Filing (Check Applic Line)                    |                                   |                       |  |  |  |
| (Street)                 |                  |       |   | X  | Form filed by One Repo            | rting Person          |  |  |  |
| NEW YORK                 | NY               | 10018 |   |  | Form filed by More than<br>Person | One Reporting         |  |  |  |
| (City)                   | (State)          | (Zip) | Rule 10b5-1(c) Transaction Indication   | *  |                                   |                       |  |  |  |
|                          |                  |       | Check this box to indicate that a transaction was made pursuant t satisfy the affirmative defense conditions of Rule 10b5-1(c). See I |  |                                   | that is intended to   |  |  |  |

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) |                         |   |        |               |         | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following<br>Reported | Form: Direct<br>(D) or Indirect | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---------------------------------|--|-------------------------|---|--------|---------------|---------|---|---------------------------------|---|
|                                 |  | Code                    | v | Amount | (A) or<br>(D) | Price   | Transaction(s)<br>(Instr. 3 and 4)  |                                 | (1130. 4)   |
| Common Stock                    | 10/02/2023                                 | <b>F</b> <sup>(1)</sup> |   | 2,681  | D             | \$34.02 | 68,125  | D                               |   |

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

|   | (-3, , ,  |  |   |                              |   |     |     |   |                    |       |   |   |  |                                  |  |
|---|---|--|---|------------------------------|---|-----|-----|---|--------------------|-------|---|---|--|----------------------------------|--|
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   |     |     | of Expiration Date<br>Derivative (Month/Day/Year)<br>Securities<br>Acquired<br>(A) or Disposed<br>of (D) (Instr. 3, 4 |                    |       | e and<br>int of<br>rities<br>rlying<br>ative<br>ative<br>tity (Instr.<br>4) | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | Ownership<br>Form:<br>Direct (D) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|   |   |  |   | Code                         | v | (A) | (D) | Date<br>Exercisable   | Expiration<br>Date | Title | Amount<br>or<br>Number<br>of<br>Shares                                      |   |  |                                  |  |

Explanation of Responses:

1. Shares withheld for payment of withholding taxes upon the vesting of restricted stock units granted to the Reporting Person.

**Remarks:** 

## /s/ Mark Livingston, Attorney-10/04/2023

in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $\star$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).