FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	$D \subset$	20540
vasiiiigton,	D.C.	20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APF	PROVAL							
	OMB Number: 3235-028 Estimated average burden								
	hours per response	e: 0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Payson Norman						2. Issuer Name and Ticker or Trading Symbol Progyny, Inc. [ PGNY ]								5. Relationship of Reportir (Check all applicable) X Director			ng Person(s) to Issuer		
(Last)	`	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/24/2023									(give title	Other (specify below)		specify	
C/O PROGYNY, INC. 1359 BROADWAY, 2ND FLOOR					4. If a	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person				
(Street) NEW Y	ORK N	Y	10018		L	Form filed by More than One Reporting Person												orting	
(City)	(S	tate)	(Zip)		_	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.											ed to		
		Tab	le I - No	n-Deriv	ative	Sec	curities	s Ac	quired,	Dis	posed o	of, or Be	eneficia	lly Owne	t				
Date			2. Transa Date (Month/D		y/Year)   Exe		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)  4. Securities Acquired (A Disposed Of (D) (Instr. 3,			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) o (D)	r Price	Transact (Instr. 3 a	on(s)			su. 4)	
Common Stock 05/24					/2023	2023			A		4,385	(1) A \$		7,8	7,865		D		
Common Stock													281,098			1 1	See ootnote <sup>(2)</sup>		
Common Stock											122	122,493			See ootnote <sup>(3)</sup>				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	n Date,	4. Transac Code (Ir 8)				6. Date Ex Expiration (Month/Da	n Date	•	and 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followin Reporter Transact (Instr. 4)	re es ally g d tion(s)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
				c	Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares						
Stock Option (Right to Buy)	\$38.24	05/24/2023		A			17,670		(4)	C	05/23/2033	Common Stock	17,670	\$0	17,670		D		

## **Explanation of Responses:**

- 1. Represents the number of shares of Issuer common stock underlying restricted stock units ("RSUs"). Each RSU represents a contingent right to receive one share of Issuer common stock. The RSUs shall vest on May 24, 2024, subject to the Reporting Person continuing to provide service through such date.
- 2. The reportable securities are directly held by Norman C. Payson and Melinda B. Payson, Trustees of The Norman C. and Melinda B. Payson Revocable Trust.
- 3. The reportable securities are directly held by EVO Eagle, LLC. The Reporting Person shares voting and dispositive power over the securities.
- 4. The shares subject to the Option shall vest on May 24, 2024, subject to the Reporting Person continuing to provide service through such date.

## Remarks:

/s/ Mark Livingston, Attorneyin-Fact

05/26/2023

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.